



1335 Linden Blvd. | 2035 Ralph Ave. | 718-332-3030

## **Instructions for after cataract surgery**

### **Post -op visit #1**

- 1) No strenuous activity for 2 weeks
- 2) Don't rub your eye or get water in your eye for 2 weeks.
- 3) Sleep with the shield for 2 weeks
- 4) Bring all your eyedrops to all of your appointments
- 5) You will most likely be using prednisolone acetate, ofloxacin and ketorolac eyedrops.
- 6) Separate putting in your different eyedrops by 5-10 minutes
- 7) If you take glaucoma medication, continue using it in the other eye. We will instruct you as to which glaucoma medications you should use in the operated eye after surgery. If you are not sure, call the office.
- 8) If you develop a discharge, pain or change in vision, call the office immediately. The answering service will contact Dr. Silberman or Dr. Edelstein.

### **Post-op visits after day 1-**

You will be given new instructions for your eyedrops at every post-op visit