



1335 Linden Blvd. | 2035 Ralph Ave. | 718-332-3030

## **CATARACT SURGERY**

### **Before:**

Before the operation your eye will be measured for an implant power. An implant, or intraocular lens (IOL), is what we put into the eye to help restore sight after surgery. There are many types of implants, which will be discussed with patients on an individual basis.

A full list of pre-op instructions can be found on the next page. Please read this.

Patients will pre-treat their eye with drops before the operation. Patients will also obtain a pre-operative medical clearance from their primary care physician. Our surgical coordinator will always be there to answer any questions.

### **During:**

We operate at two state-of-the-art surgicenters that only concentrate on eye surgery. Your eye will be "prepped" with dilating drops. You will not need to get undressed.

In the O.R. the eye is numbed with drops and you will be awake but mildly sedated and comfortable. During the operation you may see light or movement but you will not feel pain.

Most of the time, the cataract is removed through an incision that is only 2.4 millimeters in length. After the lens is removed the implant (IOL) is inserted through the same incision. After the procedure a shield will be placed on the eye and you will go to a recovery area for a few minutes and then sent home.

### **After:**

In the post-operative period we will give you instructions to help your eye heal. We will have you using 3 different eye drops for several weeks and ask you to limit activity for about 2 weeks after. We will let you know when it is safe to begin all your activities again.

You will need to be examined the day after your surgery and again within the week following your surgery as well. Each visit will be accompanied by new instructions.